

PREGNANCY/BIRTH

PB--0371 Your First Trimester 30 min.
PB-0362 Prenatal Care 18 min.
PB-0370 Eating for Two 23 min.
PB-0004 Your Ultrasound Appointment 18 min.
PB-0499 First Trimester Expectations 21 min.
PB-0373 Your Second Trimester 25 min.
PB-0007 Emotions of Pregnancy 25 min.
PB-0372 What is Safe in Pregnancy 24 min.
PB-0009 Bonding with Your Unborn 19 min.
PB-0500 Second Trimester Expectations 22 min.
PB-0374 Your Third Trimester 26 min.
PB-0383 The Final Stretch 21 min.
PB-0013 Unborn Baby's Secret World 16 min.
PB-0014 Big Belly Mommy Hacks 28 min.
PB-0501 Third Trimester Expectations 23 min.
PB-0566 Labor Expectations 15 min.
PB-0481 Preparing for a C-Section 25 min.
PB-0363 Getting Ready: Nesting 20 min.
PB-0589 Labor and Delivery Getting Ready 23 min.
PB-0588 Labor and Delivery Natural Comfort Measures 23 min.
PB-0604 Labor and Delivery Medical Pain Relief, Interventions... 21 min.
PB-0018 Eye Contact Means Love 11 min.
PB-0019 Infant Temperament 11 min.
PB-0020 The Importance of Bonding 12 min.
PB-0021 Infant Expectations 20 min.
PB-0022 Infant Hygiene 22 min.
PB-0023 Simple Infant Care 19 min.
PB-0024 Caring for Yourself After Birth 30 min.
PB-0318 Postpartum Depression 28 min.
PB-0026 Going it Alone 25 min.
PB-0319 At Risk Pregnancies 24 min.
PB-0028 Smoking/Drinking/Drugs 38 min.
PB-0384 Shaken Baby Syndrome 17 min.
PB-0565 Expecting Twins and More 24 min.
PB-0046 Breastfeeding: Goals & Benefits 29 min.
PB-0047 Breastfeeding: Your Breast Milk 19 min.

PB-0476 Breast Pumps and Briefcases 98 min.

PB--0049 Breastfeeding: Positions & 1st Weeks 24 min

PB-0050 Breastfeeding: Your Milk Supply & You 23 min

PB-0051 Labor 101: Intro and Options 20 min.

PB-0052 Labor 101: Interventions & Labor 14 min.

PB-0053 Labor 101: Moving Through Labor 20 min

PB-0054 Labor 101: What to Expect 35 min.

PB-0055 Labor 101: Infant Care 8 min.

PB-0048 Breastfeeding: Starting Right-Good Latch 32 min

FIRST YEARS

FY-0322 Mommy Work 16 min

FY-0323 Being a Super Mom 19 min.

FY-0033 Car Seat Safety 39 min.

FY-0364 Mommy Nutrition 22 min.

FY-0035 Preventing Child Sexual Abuse 29 min

FY-0352 Immunizations 29 min.

FY-0037 SIDS 22 min

FY-0326 Newborn Sickness 25 min.

FY-0039 Infant & Child CPR 20 min

FY-0041 Infant Nutrition 22 min

FY-0042 Baby On the Move 26 min

FY-0375 Getting Your Baby to Sleep 18 min

FY-0492 Crying 24 min

FY-0448 Quality Child Care 21 min

FY-0475 Understanding your Infant 21 min

FY-0477 Infant Expectations: 0-3 Months 24 min

FY-0478 Infant Expectations: 3-6 Months 20 min.

FY-0479 Infant Expectations: 6-9 Months 20 min

FY-0480 Infant Expectations: 9-12 Month 19 min

FY-0584 Dunstan Baby Language Lesson 1 10 min.

FY-0585 Dunstan Baby Language Lesson 2 23 min.

FY-0586 Dunstan Baby Language Lesson 3 10 min